



Scientific Solutions For Fitness™

www.SCIFIT.com

Continuum of Care

From post-surgery to wellness, SCIFIT products provide a continuum of care for patients regardless of the scope and severity of their conditions. SCIFIT allows them to progress as they improve with the right equipment for their needs.



StepOne™ Recumbent Stepper

StepOne provides a linear stepping motion. This makes it one of the easiest SCIFIT products to use. It is ideal for stroke, knee, hip and post-surgical patients.

The ability to adjust knee flexion makes this product a safe starting point for those who cannot get through the range of motion on other equipment, such as a recumbent bike.

StepOne provides accessibility to all individuals with step through seating, a swivel seat and direct wheelchair access.



PRO2® Total Body Exerciser

The rotary motion of the PRO2 Total Body exerciser provides increased range of motion, making this product perfect for physical therapy and rehabilitation. The natural elbow to knee movement engages the core muscles.

The upper and lower cranks are dependent, allowing for passive assistance. The stronger limbs can drive the weaker limbs through the range of motion.

Fully adjustable upper and lower cranks, a fully adjustable seat and direct wheelchair access, allows users of all ages and abilities to use the PRO2.



REX™ Recumbent Elliptical

REX Recumbent Elliptical offers a smooth, comfortable movement that closely replicates the motion of climbing stairs. REX is used in many settings such as physical therapy, cardiac rehabilitation, senior centers, wellness centers and fall prevention programs.

The ease of use and smooth feel make REX a favorite among older adults. REX delivers non-impact exercise for the entire body.

Bi-directional resistance helps create balance between reciprocal muscle groups.



SXT7000e² Elliptical

Our SXT7000e² provides a natural walking movement. The optimized torso rotation creates core muscle recruitment for a weight-bearing total body workout.

Orthopedic Bio-Flex™ footbeds improve circulation and eliminate hot spots and numbness. The pedal movement simulates uneven surface to recruit stabilizing muscles.

Sturdy step and side handrails provide safe and easy entry for progression to weight-bearing elliptical motion.