



Integrated Medical
PROVIDING QUALITY REHAB PRODUCTS SINCE 1976

LidoFlex Instruction Sheet

To ensure your patient receives the full benefit of the product please adhere to these guidelines. Pay close attention to skin preparation for optimal results.

Please refer to the package for complete instructions.

- Remove excess hair at treatment site
- Clean area with soap and water and dry thoroughly
- DO NOT USE ALCOHOL to prep skin
- Do not use lotions, oils or powders on treatment site before application

- Choose appropriate size patch based on level of pain and body area
- Patches may be cut into smaller sizes before removing clear plastic liner
- Once opened or cut, the remaining patch must be sealed in an air tight bag to remain effective.

- Remove liner and firmly apply patch to treatment site
- Apply pressure, rubbing it in- adhesive is heat and pressure activated
- When applying to a joint, be sure the patch is positioned at a 15° angle
- Leave the patch in place for up to 8 but no more than 12 hours

Please feel free to contact us if you have any questions